Strategies for Achieving Optimal Root Coverage in the Anterior Mandible: 
An Evidence-Based Discussion with Lessons Learned From 15 years of Private Practice!

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Course Outline:
Perhaps no other subject has been more popular in the discipline of Periodontology over the past two decades than periodontal plastic surgery. Indeed, surgical correction of gingival recession and other mucogingival deformities around natural teeth has been shown to be a predictable therapeutic modality. While there are numerous techniques with variations which can be used to obtain root coverage and increase tissue thickness, we cannot always apply the same technique in all areas of the mouth as different areas have their own unique challenges and considerations. Hence, a site-specific approach must be applied to optimize surgical outcomes. This lecture will focus specifically on the mandibular anterior region as it is very unique and the implications for root coverage are different than other areas of the mouth. Various surgical approaches for treating gingival recession in this region which have been reported in the literature will be presented and critically evaluated.

Learning Objectives:
1. Review anatomy of anterior mandible and what makes this region particularly unique
2. Discuss different therapeutic modalities for root coverage procedures in the anterior mandible.
3. Critically evaluate the literature with respect to root coverage procedures in the anterior mandible.
4. To understand the critical factors for optimizing root coverage outcomes in the anterior mandible
5. Review existing classifications of gingival recession, their predictive abilities and limitations with respect to root coverage outcomes in the anterior mandible